

## **Administration Update**

*By Bruce Abel, Program Manager*

Welcome to 2012!

We expect many changes this year in healthcare and our work will be an important component of improved care. Thanks for all you do in helping our members get the high quality and compassionate care they need to live healthy lives.

In preparation for the Integrating Healthcare in Lane County conference with Dale Jarvis (our health systems consultant ) on January 27<sup>th</sup>, we have scheduled two preliminary webinars with Dale: one on January 9 from 1-3 and one on January 11 from 10-12. Please sign up for the webinar that works best for you. Please let Carolyn ([carolyn.drummond-hay@co.lane.or.us](mailto:carolyn.drummond-hay@co.lane.or.us)) know who from your agency will be attending the January 27<sup>th</sup> conference.

On January 1, LaneCare assumed management of the Lipa chemical dependency benefit and the transition has proceeded smoothly. This is an important piece of our integrated care model and we appreciate everyone who has helped with this process. LaneCare recently welcomed Emergence to the LaneCare provider panel, increasing the number of outpatient agencies that serve co-occurring clients who have both substance abuse and mental health conditions.

Lane County will be submitting a CMS Innovation Grant on behalf of the Lane Health Policy Council and the Lane County medical community. The proposal is due January 27<sup>th</sup> and will build on community collaborations and partnerships. We look forward to our continued work together.



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The next issue of LaneCare Newsletter will be distributed in **March 2012!!!**

Announcements? Suggestions?

Contributions? Send them to

[carolyn.drummond-hay@co.lane.or.us](mailto:carolyn.drummond-hay@co.lane.or.us)

By February 11<sup>th</sup> 2012

LaneCare

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**\*What do you call a boomerang that won't come back?**

**Program Updates**

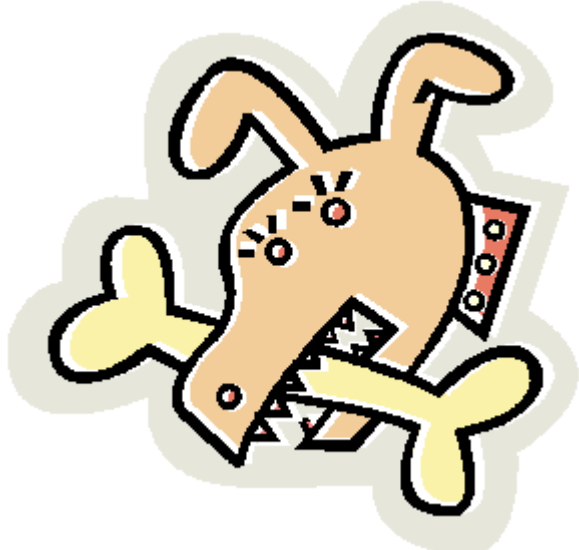
By Lucy Zammarelli, Programs Supervisor

**Addressing Addiction Effectively in Health Care**

Addiction is not a simple illness. According to the National Institute of Drug Abuse (NIDA), it is a progressive brain condition, the result of prolonged alcohol and/or drug use, characterized by a multitude of signs and symptoms. Compulsive drug seeking behavior is one of the strongest symptoms, and cravings eventually control the substance user's life.

As the condition continues, the user will do almost anything for their drug. Addiction becomes an inter-play of physical, psychological and sociological disturbances, heavily influenced by heredity and environment, often leading to serious health problems, emotional breakdown, and social dysfunction. Addicts and those they live with may also have a history of abuse and trauma, either as perpetrators or as victims.

If addiction confined itself to a single set of symptoms it would be much easier to assess and treat. But addiction is riddled with complex symptoms and co-occurring disorders (such as medical disease and mental illness) that require a holistic approach to treatment. Physicians and treatment professionals can work together to focus on the basic issues of drug and alcohol use, using standard interventions based on proven research, resulting in positive outcomes.



**Addiction resembles a dog that won't put down a bone!**



**NAMI**

Offer a free 6 week course for parents and other primary caregivers of children & adolescents living with mental illness.

To obtain information about dates/time:

Please call 541.343.7688



**National Council Information**

Courtesy Sandy Moses, MS, CPS

Mental Health Promotions Coordinator

In the 10 years since 2001, more than 2 million U.S. troops have deployed to Iraq & Afghanistan. As more of them return home every day — many with PTSD, depression & addiction the demand for treatment and supports in the community increases.

As civilian providers care for our Veterans and their families and help them reintegrate into their communities, you need adequate training and an understanding of the unique military culture. You need to be informed and invested in providing culturally sensitive and clinically competent services to our Veterans.

The [Serving Our Veterans: Behavioral Health Certificate](#) — from the U.S. Department of Defense Center for Deployment Psychology, National Council, and Essential Learning — helps you prepare to meet the growing need to care for Veterans in the community. The evidence-informed curriculum offers 14 self-directed, self-paced, online courses for 20+ hours of CE credit. For more information go to:

[www.thenationalcouncil.org/cs/veterans](http://www.thenationalcouncil.org/cs/veterans)

## **Quality Assurance Report**

By Mari Jones, Quality Assurance Coordinator

### LaneCare Trainings in 2011

LaneCare recently tallied up the number of trainings, continuing education units and attendees at trainings offered in 2011. There were 22 trainings with a total of 74.75 continuing education units. 920 people were in attendance. LaneCare thanks our sub-committees with a special appreciation to the Early Childhood Mental Health Intervention committee and Clinical Issues, for their ongoing ideas and assistance in bringing in high quality speakers. It was a great year for trainings. Here's to another one in 2012!

### Community Matching Grants

Funds are available for Community Matching Grants in 2012. For more information please contact Mari Jones at [mari.jones@co.lane.or.us](mailto:mari.jones@co.lane.or.us) or by phone 541-682-7584.

### **Credentialing**

By Kathy Beemer, Administrative Analyst

Next LaneCare Orientation Training will be January 31<sup>st</sup>, 2012.

New employees who have not previously attended the training, and who submit treatment authorization requests, are required to attend a LaneCare credentialing orientation training within six months of their QMHP designation. Please be reminded that providers who do not meet this requirement may have their LaneCare billing privileges suspended.

Please contact Kathy at [kathy.beemer@co.lane.or.us](mailto:kathy.beemer@co.lane.or.us) or call her at 541.682.7576 to register for this training. QMHAs and other billing staff are welcome to attend.

#### **LaneCare Provider Orientation Schedule for 2012**

Tuesday, January 31st 9:00a.m.-Noon

Room 198

Lane County Mental Health 2411 MLK Jr. Blvd., Eugene.



**NAMI has a new home!**

Effective mid-January NAMI will have relocated to their new offices at:  
76A Centennial Loop - Suite A  
Eugene OR 97401

Please come by to see our new surroundings just two blocks West of our old location in the Lane County Mental Health building.

Our phone number remains the same:

541.343.7688

As always, feel free to call with any questions you may have.

\* "A Stick!"